

Gateway North Outfitters

www.gatewaynorthoutfitters.com

For some of you meal planning is all part of the trip, but for some it is just more hassle. For those of you who don't want the hassle we do offer the option of our food pack. The food pack is offered for \$50/person/day and will not count against your weight limit. Below is an example of what we might send in for a group of two for a week trip. We will adjust your food pack to your group size and length of stay. We reserve the right to substitute if needed. Please note if your trip is less than 7 days, you will not get all the meals on the list below. Minor alterations may be allowed, only if items are available or at an additional cost. If you have a special diet, please bring your own groceries.

Food Pack

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|-------------------------------|-----------------------|-------------------------|
| 1 1/2 dozen eggs | sugar | 1 box cereal or oatmeal |
| 1/2 gallon milk | fish breading | peanut butter |
| 3# bacon or breakfast sausage | tarter sauce (250ml) | jelly |
| 1# ground beef frozen burgers | rice | toilet paper |
| 2-12oz steaks | pancake mix (1kg) | paper towels |
| 2 pork chops | pancake syrup (375ml) | dish soap |
| 4 bratwursts | lemon juice (250ml) | garbage bags |
| 2 ham steaks | ketchup(500ml) | mosquito coils |
| 2 chicken breasts | mustard (250ml) | tin foil |
| margarine (1lb) | potatoes | coffee filters |
| 1 loaves white bread | cooking onions | |
| bratwurst buns | spaghetti noodles | |
| hamburger buns | spaghetti sauce | |
| apples, bananas | coffee | |
| cheese slices | salt & pepper | |
| frozen oj | 1 gal cooking oil | |
| baked beans | 7 cans vegetables | |